

## Better Access to Mental Health Care Scheme

Some GPs are eligible to participate in the “Better Access to Mental Health Care” scheme. If you are referred to a psychologist through this scheme you can obtain a Medicare reimbursement after paying on the day of your consultation (be sure to bring your referral letter, Medicare card and card for your cheque or savings account).

Some GPs can also refer you under the “Access to Allied Psychological Services” project, administered through the Moreton Bay General Practice Network. Under the scheme the Network may pay the full cost of the session for patients who meet certain criteria.

Ask your GP today if they are involved in these schemes.

## The Australian Psychological Society (APS)

Consulting an APS Psychologist ensures you receive expert psychological services of the highest standard. APS Psychologists follow guidelines about professional conduct, responsibilities and confidentiality that are set and monitored by the Society in the APS Code of Ethics.

Visit [www.psychology.org.au](http://www.psychology.org.au)

The 651 bus stops one block away in Warner Street

Our Caboolture address is **24 Wilson St**

The 653/654 bus stops in King Street

(UBD 47:M20)



We also consult at the  
**Bribie Medical Centre,**  
**235 Goodwin Drive, Bribie Island**  
and  
**Waminda Respite Centre,**  
**1415 Bribie Island Road, Ningi**

# Anita Trendle Psychology



## Consulting Psychologists

Anita Trendle  
Leanne Heffernan  
Chris Goodall  
Helen Woollett  
Sherylyn Crisp

## Psychological and Counselling Services

**Phone: 07 5432 4118**

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PO Box 1626  
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**[www.atpsych.com.au](http://www.atpsych.com.au)**

## **Anita Trendle Psychology**

Anita Trendle Psychology is a Caboolture-based practice, currently offering the services of a team of APS registered psychologists. All our psychologists are highly trained and experienced practitioners who abide by ethical standards set by the Australian Psychological Society. Our psychologists use a combination of therapy styles depending upon the individual needs of the person, which may include interpersonal therapy, cognitive-behavioural therapy, acceptance and commitment therapy and motivational interviewing (among others). We offer our service from Caboolture Monday to Saturday, and from Bribie Island on Wednesday.

More information is available on our website:

**[www.atpsych.com.au](http://www.atpsych.com.au)**

### **Areas of Specialisation:**

- Depression
- Anxiety and phobias
- Vocational guidance
- Adjustment to injury
- Stress management
- Parenting and child behaviour issues
- Spirituality issues
- Anger management
- Relationship counselling

### **Payment Isn't Painful**

- \* Affordable fees (cash, cheque, credit card or EFTPOS, Medicare rebate processing)
- \* Private health fund rebates may apply
- \* Some workplaces offer Employee Assistance Programs
- \* VVCS registered psychologists
- \* Registered Psychologists with the Better Access to Mental Health Care Scheme
- \* Registered Psychologists with Access to Allied Psychological Services